



# The Buzz

Surry Communications

March 2025 • P.O. Box 385 • Dobson, North Carolina • 336.374.5021



## Spring Forward

– Daylight Savings Time Begins Sunday, March 9th

## 2025 Telephone Books Are Here!



If you have not received your 2025 Surry Communications directory or need additional copies, please drop by one of our business offices which are located in Mount Airy, Dobson or Elkin.

**OUR INTERNET**  
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## Four Steps to Help Protect Your Sensitive Information

In a world where so many things can be accessed online, we must be very careful to protect our personal information just as we would protect our bank accounts. But where do we start? Check out these four tips on how to protect yourself online:

**1. Create Strong Passwords:** Using at least 12 characters, you should combine letters, numbers and symbols to create strong passwords. Avoid using any passwords that can be easily guessed like your birthday or your pet's name. You should also not be using the same password for all your devices.

**2. Be Cautious When Opening Emails:** Be very careful responding or clicking on any email that requires urgent action, especially when these relate to sensitive topics. Most scam emails will use scare tactics to try to compel you to give up your personal information. Be cautious of clicking on any links or attachments, and of any spelling errors in the email. If you have any doubts at all about an email being real, you should contact the company directly, by phone.

**3. Keep Your Devices Clean and Up-to-date:** Make sure to keep all frequently used apps up to date. Delete apps that are no longer in use, as they can collect personal information like your location while sitting idle on your phone.

**4. Take Charge of Your Online Presence:** Be sure to monitor who has access to your information and what you decide to share. Try not to share your login information with anyone if you can help it. Remember that it is okay to tell people what they can and cannot post of you. Always keep in mind that things posted online never go away. You can visit <https://staysafeonline.org> to learn more about managing your privacy setting from the National Security Alliance.



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## Recipe of the Month: Easy Crab Cakes

(recipe from tasteofhome.com)



### Ingredients

- 1 cup seasoned bread crumbs, divided
- 2 green onions, finely chopped
- 1/4 cup finely chopped sweet red pepper
- 1 large egg, lightly beaten
- 1/4 cup reduced-fat mayonnaise
- 1 tablespoon lemon juice
- 1/2 teaspoon garlic powder
- 1/8 teaspoon cayenne pepper
- 2 cans (6 ounces each) crabmeat, drained, flaked and cartilage removed
- 1 tablespoon butter

### Directions

1. In a large bowl, combine 1/3 cup bread crumbs, green onions, red pepper, egg, mayonnaise, lemon juice, garlic powder and cayenne; fold in crab.
2. Place remaining bread crumbs in a shallow bowl. Divide crab mixture into 8 portions; shape into 2-in. balls. Gently coat with bread crumbs and shape into 1/2-in.-thick patties.
3. In a large nonstick skillet, heat butter over medium-high heat. Add crab cakes; cook until golden brown, 3-4 minutes on each side.

## BUSINESS OF THE MONTH



### Pineview Buildings

128 Old Beary Trl. Mount Airy, NC | 704.876.1501

Email: [info@pineview.biz](mailto:info@pineview.biz)

Pineview Building is committed to quality and excellence in service and offers a range of product options to suit any needs. Through their broad selection of materials, models, and customizations, they want to work with you to create a tailored storage solution that meets your needs and exceeds your expectations. If you are looking for a storage building, give this local business a call today!

### WELCOME NEW MEMBERS!

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336-648-8565 Duane Boone

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#### LEVEL CROSS - KING EXCHANGE

336-374-3699 Javier Herrera

336-374-2236 S V Mauldin

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336-787-0172 Sherry Jones

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336-325-3200 Susan J. Marshall

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SAVE.



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iPhone 16 Pro

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Offer valid for iPhone 16 and iPhone 16 Pro with 128GB of storage or less. For iPhone 16, new activation required on Plus Unlimited or Premium Unlimited plans. For iPhone 16 Pro, new activation required on Premium Unlimited plan. Select device trade-in required. Connection fees apply. Certain restrictions apply. See [carolinawest.com/terms-and-conditions](http://carolinawest.com/terms-and-conditions) for details or visit [carolinawest.com/terms-and-conditions](http://carolinawest.com/terms-and-conditions). While supplies last. Credit applied to recurring bill credits. Offer expires March 31, 2025.